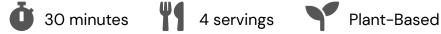




Mexican Rice

with Pan Fried Tofu

Using our Mexican spice mix from Turban Chopsticks to coat the tofu gives it a lovely, lightly-spiced flavour. Teamed with Mexican style fried rice and salsa, this is a great meat-free family dish.







Spice it up!

The Mexican spice blend is very mild. If you like some warmth in your Mexican add some chilli powder to the mix. You could also add some diced pickled jalapeños to the fresh tomato topping!

TOTAL FAT CARBOHYDRATES PROTEIN

35g

84g

FROM YOUR BOX

RED RICE	300g
FIRM TOFU	2 packets
MEXICAN SPICE MIX	1 packet
SPRING ONIONS	1 bunch
RED CAPSICUM	1
CORN COBS	2
TOMATOES	2
CORIANDER	1 pkt
SALSA	1 jar

FROM YOUR PANTRY

oil for cooking, olive oil, salt, pepper, vinegar (of choice, we used red wine vinegar)

KEY UTENSILS

large frypan, saucepan

NOTES

If you have a lime to spare, add a wedge when serving.



1. COOK THE RICE

Place rice in a saucepan and cover with water. Bring to the boil and simmer for 15-20 minutes until tender. Drain and rinse.



2. PREPARE THE TOFU

Dice tofu and toss with 1 tbsp of spice mix, salt and oil. Heat a large frypan over medium-high heat with oil. Fry tofu for 6-8 minutes until golden. Remove to a plate and keep warm. Keep pan over heat.



3. COOK THE VEGETABLES

Slice spring onions, dice capsicum and remove corn kernels from cobs, adding to pan as you go, with extra oil. Tip in remaining spice mix and cook for 5-6 minutes.



4. PREPARE THE TOMATOES

Dice tomatoes and chop coriander. Toss together with 1/2 tbsp olive oil, 1/2 tbsp vinegar, salt and pepper.



5. ADD THE RICE

Add cooked rice to frypan with 1/2 jar of salsa and 1/4 cup water. Mix well to combine and heat through. Season to taste with salt and pepper.



6. FINISH AND SERVE

Divide rice between bowls and top with tofu and fresh tomato topping. Serve remaining salsa on the side (see notes).



